STERLING HIGH SCHOOL DISTRICT

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Matthew Sheehan  
Superintendent



Superintendent Goal #1

January 10, 2023

Eastern High School’s Schedule

|  |  |
| --- | --- |
| **Subject** | **Eastern Schedule Model** |
| **From** | Nicole Dunn |
| **To** | Jarod Claybourn |
| **Cc** | Matthew Sheehan; James Blumenstein |
| **Sent** | Tuesday, January 10, 2023 11:11 AM |

Jarod,

This is the model we’d like to discuss today.  Thanks so much.

[Eastern Bell Schedule Guide 2022-23 - Google Docs](https://docs.google.com/document/d/1_KIIoWspTysDvjzWWUp6JbQ_yzBxw93idtGPUECxzAc/edit)

Mrs. Nicole Dunn

Teacher of English

Sterling Education Association President

**Common Lunch FAQs for Students:**

**Q: What should I be doing during Common Lunch?**

**A:**  For 30 minutes, you will either get academic support, engage in study groups or academic enrichment activities, or participate in co-curricular programs; For the other 30 minutes, you will eat lunch. There will be bells signaling when it is time to move.

**Q: Can I go to a vending machine?**

**A:** Yes, but only during the movement times before, in the middle and at the end of the Lunch and Lab period. Go to the machine closest to where you are staying to eat.

**Q: How long do I have to eat my food?**

**A:** You have roughly 30 minutes to eat and clean up after yourself.

**Q: Will I be assigned to a specific lunch (A or B)?**

**A:** No. You may select Lunch A or B as your 25 minute period to eat.

**Q: Where am I allowed to eat?**

**A: Grades 9 - 12:** 20 & 500 Cafe; 20 Cafe Courtyard; Guidance Courtyard; Media Center (allergy-free zone); Gym 1; Gym 1 Breezeway; Learning Center (quiet study location); teacher’s room during extra help

**Grade 12 Only:** Senior Courtyard

*\*No one may eat or assemble in the hallways.*

*\*You are expected to clean up after yourself/your table when you are finished eating.*

*\*Outdoor eating areas are available weather permitting.*

**Q: What does Lunch and Learn look like?**

**A:** See the [**Bell Schedule guide**](https://docs.google.com/document/d/1mI2rO39mBndCaB94RDMNc6pzBJ4qcZkVxeRoDxnAZy8/edit?usp=sharing)for specific times and movement periods, but here is the basis structure:

**Q: What if I can’t get my food within the first seven (7) minutes?**

**A:** If you are not in an approved area within the first six minutes, you will have an opportunity to get lunch during the second movement period.

**Q: What if I’m not in a designated area during a non-movement period?**

**A:** You will have to hustle to stay within the allotted movement time. You must remain there until the end of the non-movement period.

**Q: Will I have to pay for lunch this year?**

**A:** Yes, unless you qualify for free or reduced lunch.

**Q: Will I be assigned to a class for help?**

**A:** Students can attend extra help in one of two ways. One, you are also free to go and see your teacher for extra help on your own. Two, if you have been given a pass from your class teachers, you are expected to go see them during their office hours.  Either way, you must get to the teacher’s room within the movement period.

**Q: How can I find out when my teachers are available during Common Lunch?**

**A:** Teachers will post their available office hours in their classroom, and on Google Classroom as well.

**Q: When can I go to the bathroom during lunch?**

**A:** We strongly encourage students to go during the movement periods, if possible. However, you can go at any time if you are within a designated eating/study area at the monitored restroom closest to that area. (For example, students eating in the 500 Cafe will use the restrooms on the corner of the 600 hallway).

**Q: Is there a quieter place that I can go to eat and study?**

**A:**  The most suitable place to eat and study is in a teacher’s classroom during their office hours. The Learning Center is also a designated common quiet study area.

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| --- | --- |
| **Subject** | **free time idea** |
| **From** | Kelly Johnson |
| **To** | Jarod Claybourn |
| **Sent** | Tuesday, January 10, 2023 6:54 AM |

1. Detentions
2. mentor program( lateness, behavior, etc)
3. All clubs can meet twice a week(teachers can be assigned to work with different clubs)
4. Weight room
5. Walking group
6. Reading group
7. Mental health( place more students in groups)
8. Peer mediation
9. class meetings
10. Stars program
11. NHS tutoring(once a kid is failing placed in this program and has to go)
12. Coding
13. class community service meetings
14. Teacher office hours
15. U-knighted counting
16. Credit completion
17. Every student meets with guidance counselor once a week
18. office helpers
19. special edu helpers
20. tech helpers
21. Morning News
22. art
23. Groups that Mary Jo has
24. Quiet Room- rooms with different expectations

Students will decide what club they want to be,

They have to complete hours on community service project by the class.

During the school year they have to participate in one mental health group

They must attend their guidance meeting.

Instructional

Plan

Deliver instruction

Assessment

Office hours are non-instructional

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| **From** | Jarod Claybourn |
| **To** | Jarod Claybourn |
| **Sent** | Tuesday, January 10, 2023 3:01 PM |

Schedule

Don't use words Free time.  But choice. As they get older, more access to choices.

After school offerings in school

Community service

Auto enrolled in tutoring

Teachers could be assigned duties

Mental health group requirement

Guidance meetings.

Office hours for teachers.

Yes progressive discipline. Including teacher detention.

Freshmen studies or transition program.  Also includes the digital literacy piece. Only 7 classes for freshmen. Students also help.

Also student alliance program.

Feeney said science department is not tied to extra lab time.

30 min staff lunch.

Non instructional duty time.

Challenges

Lunch numbers and locations

Investment in class material to offer additional classes at same time.

Next meeting 25th at 2:00.